



KITTY CAT CHECKLIST

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ENVIRONMENT & SPACE

- MY CAT HAS AT LEAST ONE ELEVATED RESTING SPOT
- I'VE ADDED VERTICAL SPACE (CAT TREE, SHELVES, OR FURNITURE ACCESS)
- MY CAT HAS A QUIET PLACE TO HIDE OR NAP UNDISTURBED
- WINDOW ACCESS IS AVAILABLE DURING THE DAY FOR MENTAL STIMULATION

EMOTIONAL WELLBEING

- I WATCH FOR STRESS SIGNALS (TAIL FLICKING, FLATTENED EARS)
- MY CAT IS COMFORTABLE AROUND HOUSEHOLD ACTIVITY
- CHANGES IN BEHAVIOR ARE ADDRESSED EARLY
- I PROVIDE CALM, POSITIVE INTERACTION DAILY

ROUTINE & DAILY CARE

- FEEDING TIMES ARE CONSISTENT EACH DAY
- FRESH WATER IS AVAILABLE AND REFRESHED DAILY
- HOUSEHOLD CHANGES ARE INTRODUCED GRADUALLY
- MY CAT HAS PREDICTABLE QUIET AND REST PERIODS

LITTER BOX CHECK

- I HAVE ONE LITTER BOX PER CAT, PLUS ONE EXTRA
- LITTER BOXES ARE SCOOPED DAILY
- BOXES ARE PLACED IN QUIET, EASY-TO-ACCESS LOCATIONS
- UNSCENTED LITTER IS USED UNLESS MY CAT PREFERS OTHERWISE

COMFORT & BOUNDARIES

- MY CAT HAS A COZY BED OR SAFE RESTING SPOT
- SCRATCHING POSTS ARE PLACED NEAR FURNITURE OR FAVORITE AREAS
- I RESPECT SIGNS THAT MY CAT NEEDS SPACE
- AFFECTION IS GIVEN ON MY CAT'S TERMS

PLAY & ENRICHMENT

- MY CAT GETS INTERACTIVE PLAY DAILY (10-15 MINUTES)
- I ROTATE TOYS TO PREVENT BOREDOM
- PLAY SESSIONS END WITH A TOY MY CAT CAN "CATCH"
- PUZZLE TOYS OR SOLO ENRICHMENT ARE AVAILABLE

